



# How To Intelligently Clean for Health As We Re-Open Schools & Public Facilities

May 9, 2020

As we continue to receive helpful information and data from the CDC, EPA, International Sanitary Supply Association (ISSA), and other leading organizations, it is important that we consolidate this information into a workable solution. We need to be confident that we are doing all we can to clean for health and instill confidence in those we serve every day. Here is what The King's can help you do:

- A. Develop A Plan to Clean for Health
- B. Implement the Plan
- C. Revise and Retune As Needed

***The information below is taken from the CDC re-opening guidelines for cleaning and disinfecting public spaces, workplaces, businesses, schools and homes.***

Some clarity from the CDC and the EPA:

1. Normal routine cleaning with soap and water is extremely important as it decreases exposure to the virus. This is an important step **PRIOR** to disinfecting.
2. Disinfect frequently touched hard and non-porous surfaces with an EPA registered disinfectant daily.
  - a. Use proper PPE (personal protective equipment) like safety gloves and safety glasses. Cloth masks are also an important item to wear when there is a possible exposure to COVID-19. Wash hands frequently and every time you remove your gloves. Wash uniforms after each work shift. Avoid touching your eyes, nose and mouth.
  - b. Decide what frequently touched surfaces will be disinfected daily (light switches, door-knobs and handles, push/pull plates, phones, keyboards, elevator buttons, classroom desks, countertops, tables, sinks, faucet handles, toilets, urinals, etc.) and make it part of your training and task list.
  - c. Pre-clean the surface(s) with soap and water or your regular all-purpose cleaner.
  - d. Read and understand the directions of your EPA registered disinfectant.
  - e. Spray the surface with the disinfectant and allow the proper dwell time before you wipe the surface down. When using electrostatic spray technology, you might not have to wipe the surface down after spraying. Follow the directions of your manager or supervisor and your job card.

- f. Store all cleaning chemicals and disinfectants away safely.
  - g. Regarding soft and porous materials (soft furniture, fabrics, etc.); clean visible soil and then disinfect. Electrostatic spray technology can be effective here as well as it relates to furniture. Fabrics like clothes and linens can also be laundered in hot water and put in a high temperature dryer.
3. Use vacuum cleaners with HEPA level filtration and make sure that vacuum filters are emptied regularly and changed out weekly. This will reduce harmful air particulates that both trigger respiratory issues and serve as pathogen spreaders.
  4. Use soap and water (or your all-purpose cleaner) when cleaning toys and other items that are frequently used by children. Disinfectants can be toxic.
  5. If an area has been unoccupied for 7 days, routine cleaning is appropriate when re-opening.
  6. When cleaning and disinfecting after person(s) are suspected and/or confirmed to have COVID-19 and have been in the facility the steps are as follows:
    - a. Close off areas visited by the ill person(s). Open outside doors and windows if possible and use ventilating fans to increase air circulation in the area.
    - b. Clean and disinfect all areas used by the ill person(s). Focus especially on frequently touched surfaces.
    - c. Linens, clothing and other items that go into the laundry:
      - i. Do not shake out
      - ii. Machine wash on hot water setting and completely dry
      - iii. Clean and disinfect the linen hampers
  7. Continue to practice proper hygiene such as:
    - a. Wash hands often for 20 seconds with soap and water
    - b. Avoid touching your eyes, nose and mouth
    - c. Avoid close contact with sick people
    - d. Stay 6 feet apart from others in public spaces
    - e. Properly cover your face when coughing and sneezing, then wash your hands
    - f. Stay home if you are sick

Remember, the training room is the heartbeat of your cleaning organization and is the perfect place to implement these cleaning procedures.

